



Our Nuyem describes our obligations to self, family, clan, chiefs, land & all living things.

Our Nuyem teaches us how to achieve these obligations while building character, integrity and strength.

We will draw on the teachings of the Nuyem to assist families to create peace and balance in their Childrens lives for successful coparenting.



Our Integrated Heḡwál ʔala Holistic Family Healing team is led by staff members of the Haisla Nation Health Centre and reflects Haisla values

For more information
Contact the Health Centre
Crystal Ross
(250)639-9361 Ext. 301 or
(250)632-3600 and she will help direct
you to a team member



The Heḡwál ʔala Holistic Family Healing and Support Program



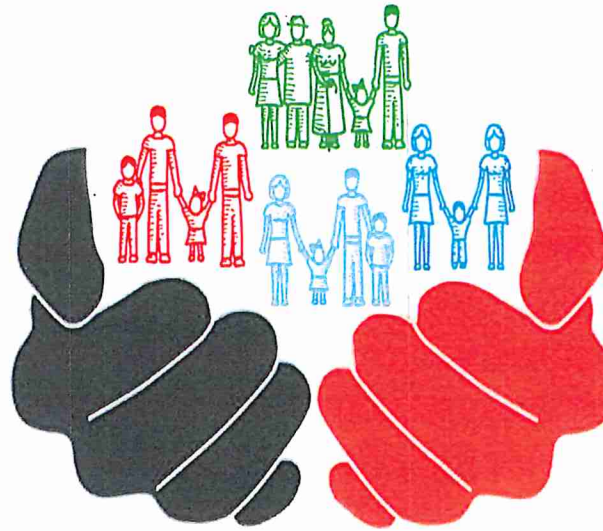
**Provides Healing
and Support Services to
Families Experiencing
Conflict Due to a
Separation / Divorce or
Another Parenting Dispute**

Heḡwál ĩala

means *"keep on going together"*

The program will help families to move forward together in a good way during a difficult time.

Our care team will support each family member involved



Each person within the family will be supported in taking care of their own heart, mind, body, and spirit, so the family will be able to take care of each other again.

The Heḡwál ĩala Holistic Family Healing and Support Program

is a Pilot Project offered by Haisla Health Centre and integrated team and available to Haisla Nation members Until May 2024.

The purpose of the Hex w aliala program is to provide healing and support services to families experiencing conflict due to a separation/divorce or another parenting dispute

Services include

- land based cultural healing practices
- wellness/addictions support
- individual and family counselling
- mediation/conflict resolution
- "Virtues Project" empowerment
- play therapy
- Families will be assisted with completion of intake documents
- the support will be different for each family based on their needs.
- Families will participate in designing their individual healing and support program.



The integrated family support team will guide each family member involved through life together even if some members are living apart and if some relationships have changed.